

*We are one diocesan faith family, children of God,
Christ-centered, and Spirit-led
working together to build the Kingdom of God in Central Florida.*



**The Catholic Foundation
of Central Florida**
Inspire Giving. Fund God's Work.



October
2021

The Catholic Foundation
of Central Florida
Newsletter

Dear friends in Christ,

This weekend many of us will gather together with family, friends, and likely several neighborhood children to participate in Halloween, better known in the Catholic Church as All Hallows Eve. "Eve", indicating the evening before another significant day, in this case, All Saints Day, when Catholics remember those who have gone before us to enter our heavenly home. All Saints Day precedes All Souls Day, on November 2, when the Church commemorates all the faithful departed still detained in Purgatory and prays in suffrage for them.

The memory of those who have gone before us naturally leads to thoughts of mortality. Remembering the origins of each of these feast days, and the vigil of All Hallows Eve that initiates them, we can turn our minds to the last things: death, judgment, heaven, and hell. Sparking within us the realization that since we all must die and are destined to judgment, **how then are we to live?** We do not know how many days we are given. We are called to live each day as one who loves our Lord and is loved by Him. Using these days as a reminder of our impermanence and that in life and in death we are all connected to each other, the Catholic Church dedicates the entire month of November to the "holy souls in Purgatory," those "who have gone before us marked with the sign of faith." Each Sunday and holy day, Catholics profess that they "believe in the communion of saints, the forgiveness of sins, the resurrection of the body and life everlasting." That profession captures what the whole month of November presents for the Church's prayer and reflection.

Our merciful Father,

We are connected to each other in your wondrous cloud of witnesses. We have seen glimmers of your glory and know that you love us and desire for us to be united with you. We pray for the loved ones who have died. May their penitence be short, that they may come into the fullness of your grace. Let your light shine upon them. May you grant them eternal rest. Amen.

The Basilica of the National Shrine, Mary Queen of the Universe provides a beautiful way to honor and remember our loved ones who have passed on through a petition for prayers. You can submit a [petition for prayers for your departed loved ones for the entire month of November](#).

In further deference to this mortal reflection, we also realize that we have the ability to continue to live on through our legacies, passing on our values and our treasures to those who live on after us. **1 Peter 4:10** reminds us, *"Each one has received a gift; use it to serve one another as good stewards of God's varied grace."*

In this newsletter, we hope you are inspired by ways our fellow Catholics in Central Florida are choosing to cultivate and leave their legacy. How will you leave yours? The Catholic Foundation is here to support you in leaving a legacy that will endure.

We also outline some ways to make this year's Hallowed celebrations an act of true devotion to God, by reflecting on both our loved ones who have gone before us and the saints who give us hope that we too may one day enter into the Kingdom prepared for God's holy ones from the beginning of time.

In Christ's everlasting peace,

Kimberlee Riley, CAP
President & CEO

**SUBMIT A PETITION FOR
PRAYERS FOR MY
DEPARTED LOVED ONES**

LEAVE A LEGACY

In This Month's Newsletter:

- **JOIN OUR GLOBAL FAITH FAMILY IN PRAYER**
- **STEWARDSHIP OF ADMINISTRATION**
- **SUPPORT OUR SISTER DIOCESE**
- **NATIONAL FINANCIAL & ESTATE PLANNING**
- **MAXIMIZE YOUR PHILANTHROPIC GOALS**
- **RETURNING OUR GIFTS**
- **ENDOWMENT FUNDS**
- **LITURGICAL LIVING: GROW YOUR FAITH**
- **HALLOWEEN: A CATHOLIC PERSPECTIVE**

LET US JOIN OUR GLOBAL FAITH FAMILY IN PRAYER FOR THE HOLY FATHER'S INTENTIONS FOR **OCTOBER 2021:**

MISSIONARY DISCIPLES

This month Pope Francis explains how we all have a "missionary mandate", saying, *"**This missionary mandate touches us personally: I am a mission, always; you are a mission, always; every baptized man and woman is a mission. People in love never stand still: they are drawn out of themselves; they are attracted and attract others in turn; they give themselves to others and build relationships that are life-giving.**"*

DISCOVER THE POPE'S MONTHLY INTENTIONS FOR 2021

STEWARDSHIP OF ADMINISTRATION

Administration is the activity involved in running an organization, business, home, or community. It is common to think of administration as mundane tasks that are required to create order and manage processes and people to keep the day-to-day operations going. And often we experience times when we think 'I didn't sign up for this' – believing that there is a higher calling for our time or talents. Yet when we look into the root of the word administration we see: ad – 'to' and ministrare – 'serve, attend, wait upon'.

From the root meaning, we can recognize administration as a form of ministry. God himself handled the details of making order in the creation of our world, planet, people, animals, and plants. Then He asked us to manage and tend to His creation. He invited us to be part of His plan even though we are not fully aware of the big picture. **God has called us all to be administrators of creation and the Church.**



**The Catholic Foundation
of Central Florida**
Inspire Giving. Fund God's Work.

***“The future is in your
hearts and in your hands.***

***God is entrusting to you
the task,***

***at once difficult
and uplifting,***

***of working with Him
in the building of the
civilization of love.”***

John Paul II

(feast day Oct 22)

Whether we are employed by the Church or serve as lay volunteers, all are called to the stewardship of administration. Whether we manage offices, businesses, homes, or parishes each of us is called by God to be administrators – to serve employees, family members, parishioners, and neighbors. As good stewards in administration one of our roles is to create environments where all feel welcome and can flourish. Recognizing our own and others' God-given talents, engaging the talents needed to build the Kingdom of God in our homes and our communities helps us to serve each other in becoming what God intended for all.

God's plan is being administered through us and as we respond to this calling we not only serve each other but future generations. Trust God's plan and use the talents he has provided, pray for the gifts and fruits of the Holy Spirit to guide and support you in your efforts and look at obstacles differently as opportunities or perhaps a clearer sign of God's direction. When we look beyond what we see as mundane we are able to see what God is calling us to do through the stewardship of administration.

MISSION OFFICE: SECOND COLLECTION

ONE FAITH FAMILY ~ ONE BODY OF CHRIST



We are called to return our blessing to God and your generosity impacts lives. We are a global family, and when the one body of Christ is injured by sickness, poverty, and injustice, we must act together to heal the wounds.

Your gift supports the people of the Diocese of San Juan de la Maguana.

They are able to benefit from water filtration systems, medical care, home building assistance, and access to educational opportunities.

SUPPORT THE PEOPLE OF THE DIOCESE OF SAN JUAN DE LA MAGUANA

NATIONAL FINANCIAL & ESTATE PLANNING AWARENESS MONTH




Estate Planning Documents to Protect You, Yourself, and Your Assets

By Wendy Mara of Mara Law

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Chair, Eastern & Southern Deaneries
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PROACTIVE PLANNING CAN
PROTECT YOU, YOUR FAMILY,
AND YOUR ASSETS FROM THE
LEGAL HASSLES THAT CAN BEFALL
YOU AND YOUR FAMILY IF YOU
FAIL TO PLAN.

**This article outlines the following
basic tools that are available:**

Designation of Health Care Surrogate,
Preneed Guardian,
Living Will, Durable Power of Attorney,
and Last Will and Testament.

You've heard about most of them, **but what do you really need and why?**

Designation of Health Care Surrogate (DHCS). A MUST for everyone. Nothing is more important than ensuring the person making medical decisions on your behalf is the person you can trust to follow your instructions. Without a DHCS, there may be delays while trying to locate all family members and determine who has authority. Also, family members often disagree on treatment and/or who should be "in charge". Medical personnel and institutions are increasingly reluctant to follow a family member's instructions without either court authority (a guardianship) or 100 % agreement among all family members. The Health Insurance Portability and Accountability Act ("HIPAA") has only increased the problems we all face in this arena.

The DHCS is your statement as to who is authorized to make decisions regarding your medical treatment or care if you are unable to communicate your wishes. Most people name their spouses or adult children, but there is no right or wrong person. It is the person who knows your wishes and whom you can trust to follow

them. Sometimes it is a friend or close associate who would have no legally-recognized right, but who knows you best.

Preneed Guardian. You may choose now, while you have capacity, whom you would like to serve as your guardian should you ever need a guardian. If you have a DHC, Durable Power of Attorney (DPO), and trust, it is unlikely you would need a guardian. However, now is the time for you to choose that person should the unlikely event occur.

Living Will. A MUST if you philosophically agree. This informs medical caregivers and provides your health surrogate with proof that you do not want artificial, life-prolonging techniques or procedures applied when you are in a terminal or end-state condition without hope of recovery. Although your health care surrogate can make all other decisions, he or she cannot order the withholding or removal of extraordinary measures without either a Living Will or some other clear and convincing evidence that you would not want those means employed.

It is crucial that your surrogates and physicians be aware of your documents. A copy of each should be given to your physicians. (This is also the perfect opportunity to confirm that your physician will abide by your wishes). Many individuals keep copies in their glove box or even on their person. Make sure your family members know where your documents are so those documents can be found easily should you need them.

Durable Power of Attorney (DPOA). Everyone 18 or older needs a DPOA. With it, you give someone (your "agent") the power to act legally on your behalf (you are the "principal"), in your place. It can be specific (granting power only for a particular act, transaction, or period of time), or general (granting power to act in whatever ways are deemed necessary). It is effective immediately upon signing or upon the occurrence of a specific event.

Bear in mind, a DPOA is a key to the house/bank account, etc., and is not a power to be conferred lightly. So again, think carefully about who is most trustworthy and will act as you, in your place, rather than imposing his or her own will. Careful controls to prevent improper use are important. The agent should not be given access to the original document until its use is necessary.

The power dies with you. Often, families think they can wind up the affairs of a deceased relative without probate using the power of attorney. That is not possible; the power becomes useless upon the death of the principal.

Last Will and Testament. A will is the document under which you direct the final distribution of your assets--that is, your estate. It has no legal force or use until you die and it is admitted to probate. Many people think a will avoids probate. It does not; it is what is administered in a probate action.

In a probate action, the court oversees the distribution of your property to ensure your affairs are wrapped up, creditors are paid, and the remaining assets are distributed according to your wishes. Thus, each step must be reviewed or approved by the Probate Court. The Florida Rules of Probate Procedure have an expectation that a probate action should be completed within one year; however, that may be extended according to need.

The two ways to avoid probate are to have a revocable living trust or carefully arrange for your assets to transfer automatically. Each technique has advantages and disadvantages.

With either technique, a will is still necessary as a "catch-all". Although you may hope to avoid probate, if there are items outside of the trust or that do not pass automatically, a probate will be necessary to transfer them to your selected beneficiaries. You want to choose your heirs, not let the Florida Statutes do it for you.

“Legal insurance” for Peace of Mind. These documents are like “legal insurance.” We hope we won’t need most of them, but they will give you peace of mind that the people you want to be in control are, and that your wishes are clearly known and will be followed. To ensure your documents are legally sound, contact a licensed attorney in your state of residence.

FREE CATHOLIC WILLS PLANNING GUIDE

MAXIMIZE YOUR PHILANTHROPIC GOALS



FOR SOME THIS MAY
BE AS SIMPLE AS...

UPDATING YOUR
BENEFICIARIES
FOR YOUR
ACCOUNTS



GET PERSONALIZED FINANCIAL PLANNING INFO &
ADVICE: CONTACT OUR PGAC

Returning Our Gifts



[Learn how others have made an impact through their acts of giving to our Church in Central Florida.](#)

Leave a Legacy – Questions to Ask Yourself

These 10 questions will help you to identify the legacy that you wish you leave:

- What do you want your life to stand for?
- How do you want to be remembered by your family and friends?
- What will those beyond your circle of family and friends remember you for?
- What kind of an impact do you want to have on your community?
- How will the world be a better place because you were in it?
- What contributions do you want to make to your field?
- Whose lives will you have touched?
- What lessons would you like to pass on to future generations?
- What do you want to leave behind?
- How can you serve?

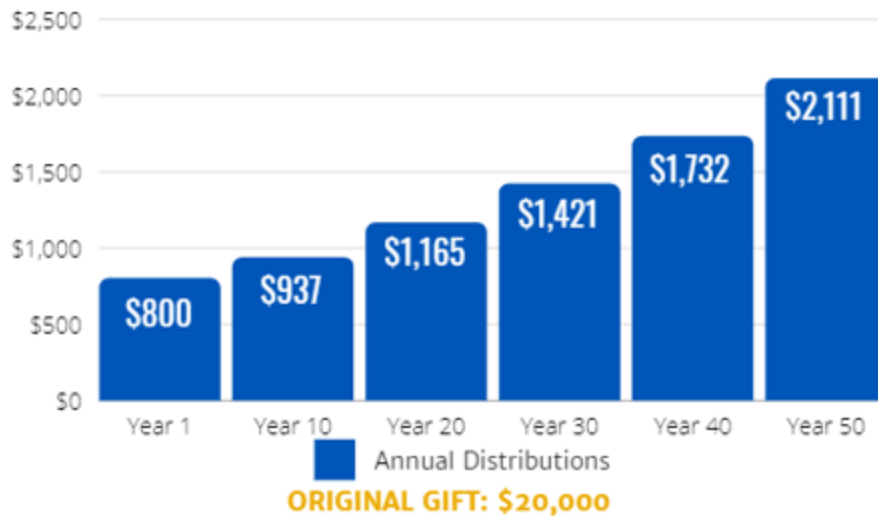
LEAVE A LEGACY

ENDOWMENT FUNDS: SPECIFIC. LASTING. IMPACTFUL.

An Endowment Fund provides a perpetual source of annual income to a Catholic organization or ministry of your choice. You can establish a Fund with a minimum contribution of \$20,000 which can be made with a donation of cash, IRA rollover, appreciated assets, etc. Endowments can be established at one time or over several years or with a blended gift of current contribution and the balance of the fund through a bequest. The gift amount forms the principal (corpus) which is permanently endowed to ensure long-term financial health and support our Catholic Community for years to come. Earnings from these funds are distributed annually to support your defined purpose or cause.

GROWTH AND ANNUAL SUPPORT FOR YOUR CAUSE
SAMPLE - \$20,000 ENDOWMENT

GROWTH OF ANNUAL DISTRIBUTIONS



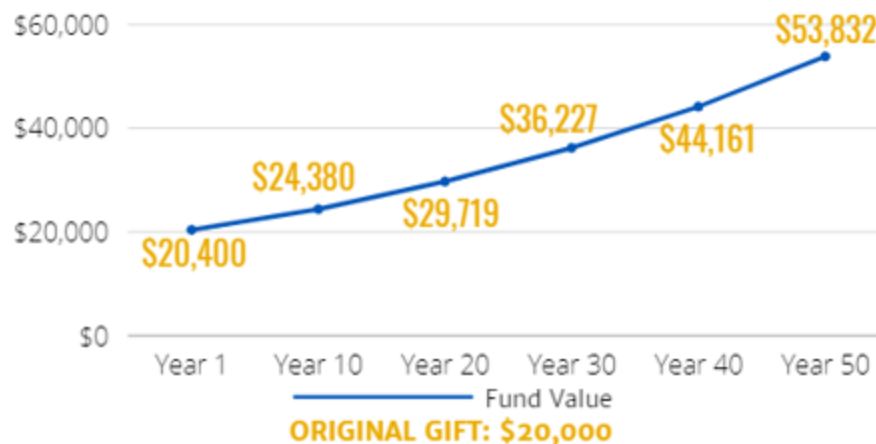
CUMULATIVE DISTRIBUTIONS

AFTER:	10 Years	20 Years	30 Years	40 Years	50 Years
	\$8,760	\$19,438	\$32,454	\$48,322	\$67,664

ASSUMPTIONS:

Annual Avg Growth	6%
Annual Avg Distributions	4%

FUTURE VALUE OF ENDOWMENT FUND



KEY BENEFITS OF ENDOWMENTS

LITURGICAL LIVING: *GROW YOUR FAITH*

OCTOBER IS THE MONTH OF...

THE HOLY ROSARY



HOW TO PRAY THE ROSARY

DOMESTIC VIOLENCE AWARENESS

October is National Domestic Violence Awareness Month. To learn more about the Catholic response, visit the

U.S. Bishop's website for their Pastoral Letter, ["When I Call for Help."](#)

National Domestic Violence Hotline

If you, a family member or friend needs help now, contact the National Domestic Violence Hotline,

800-799-7233

(24 hours); 800-787-3224 (TTY),

www.thehotline.org

If you are in immediate danger, call 911.

RESPECT LIFE MONTH



HALLOWEEN: A CATHOLIC PERSPECTIVE

The word Halloween comes from All Hallow's Eve which is the vigil of All Saints Day also known as All Hallows Day. The word "hallow" means holy. It has been customary in our faith to have evening vigils on the day before a major feast or solemnity. This continues today in our liturgical calendar with prayers for a major holy day in the Divine Office beginning the evening before with two of the more well-known holy days being All Hallow's Eve and Christmas Eve.

All Saints Day is a Holy Day of Obligation in the Church when we honor not only the Saints we know by name in heaven but all saints in heaven. The original day for the Feast of All Saints, May 13th, was moved to November 1st by Pope Gregory III to coincide with the foundation of a new chapel at St. Peter's Basilica which was dedicated to all the saints in heaven.

The triduum of feasts - All Hallow's Eve, All Saints Day, and the day after which is All Souls Day are often referenced as the Days of the Dead. These holy days help remind the faithful of the reality of heaven, the saints, demons, angels, and holy souls suffering in purgatory. During these feasts, we are reminded to pray for the souls of the deceased and to strive to be holy so that we can receive eternal life.

European immigrants to America brought a variety of Catholic customs to our country. The French dressed up, the Irish carved turnips, and the English went door-to-door asking for 'soul cakes' and promising to pray for departed loved ones in exchange for the cakes. These original customs have adapted into the popular and secular traditions we see today.

Families can share the origins of the secular traditions which started in the Church ***and also celebrate these days in spiritual ways.***

Ways to Celebrate:

- Pray for the intercession of the Saints in heaven remembering your confirmation Saint.
- Pray for the souls in purgatory
- Engage children in reading about Saints, maybe dressing up as them or activities that are focused on them
- On All Saints Day thank the Saints for their examples and going before us, adorn images of Saints with flowers, venerate their relics or recite litanies in their honor
- Attend Mass on All Hallow's Eve Light a candle for departed loved ones
- Visit a cemetery and pray for departed loved ones or perhaps bring flowers
- Share stories and review photos of previous generations
- Have a special meal to celebrate the lives of family members

MORE WAYS TO GIVE: AMAZON SMILE

AmazonSmile donates 0.5% of your eligible Charity List purchases to your selected charity, **at no extra cost to you**, when you shop from Amazon as usual, but from www.smile.amazon.com, rather than just www.amazon.com. You can find out more about this and the [simple process to designate your charity here](#).

Order mostly from your Amazon app on your phone? Make sure to "Enable Amazon Smile" on your app **also to make sure your purchases are being counted for the 0.5% donations whether in app or from your desktop.*

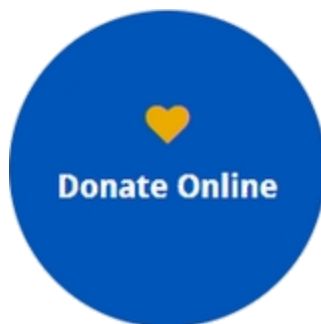
Already have an Amazon or even Amazon Smile account, and want to make CFOCF your designated charity? Wonderful! Thank you!!

**MAKE CFOCF
MY
AMAZONSMILE
CHARITY**

About The Catholic Foundation of Central Florida

Our Mission:

To inspire and increase giving, to prudently invest the resources entrusted to us, and to capably steward those charitable gifts to support the spiritual and corporal needs of the community of the Diocese of Orlando.



Stay Connected With Us Everyday!



The Catholic Foundation is an independent 501(c)(3) nonprofit foundation committed to fostering and stewarding philanthropy to address community issues and meet the spiritual and corporal needs of our community year-round. As a proven trustworthy philanthropic organization to give to and give through, we have received the Guidestar Platinum Seal of Transparency. Fully endorsed by the Diocese of Orlando and its Bishop, we work extensively with Catholic parishes, schools and nonprofit organizations aligned with Catholic social values to help inspire giving and secure resources needed to further their long-term goals.



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